

How Colonial Is Your Family?

Answer the questions below based on the family you grew up in. Be as accurate as possible. Don't read the answer key until after you have finished the assessment.

YES	QUESTIONS	NO
	The main theme of my family was making ends meet	
	The children began to do chores as early as possible	
	Discipline was harsh at times	
	The collective family needs were more significant than individual needs	
	Our family was the center of our everyday lives	
	Our family was deeply connected to another similar family	
	Religion was a main theme in our family	
	We produced many of our own goods at home	
	Father's rule was most important in our family	
	You had to learn skills to do our family work	
	We learned the basic reading, writing, and arithmetic at home	
	We had to get along with each other	
	My own feelings were often ignored	
	My needs and wants were not important	
	We were not very wealthy	
	My parents had a big say in who I dated	
	Romance was not as important as hard work in a potential mate	
	My parents did not really love each other	
	One of my parents was subordinate to the other most of the time	
	Childhood was really more like miniature adulthood	
	Our parents still have strong control in our lives	

Add up all the "yes" answers. A score of **21** represents very high colonial traits. A score of **0** represents very low traits. Do you have concerns about any of the issues above? Did anything surprise you about your family? So many of our modern day families have traces of the colonial family in them.